

| | | | Träning Grupp A | | | | | |
|-----|-----|-------------------------|------------------------|----------|--------|--------|-------|--------|
| Pos | No. | Name | Club | Best Tm | In Lap | Diff | Gap | Points |
| 1 | 930 | Eddie Hjortmarker | FMCK Borås | 1:49.373 | 5 | | | 0 |
| 2 | 667 | Anton Nordström Graaf | Stenungsunds MS | 1:49.874 | 7 | 0.501 | 0.501 | 0 |
| 3 | 460 | Anton Neidert | Stenungsunds MS | 1:53.297 | 3 | 3.924 | 3.423 | 0 |
| 4 | 504 | Lucas Holgersson | MC Alingsås | 1:53.486 | 3 | 4.113 | 0.189 | 0 |
| 5 | 305 | Robin Ryhnell | MC Alingsås | 1:54.542 | 6 | 5.169 | 1.056 | 0 |
| 6 | 402 | Simon Svedberg | FMCK Borås | 1:55.856 | 6 | 6.483 | 1.314 | 0 |
| 7 | 97 | Christoffer Mars | Sotenäs MCC | 1:56.072 | 6 | 6.699 | 0.216 | 0 |
| 8 | 289 | Niklas Ivarsson | Älvbygdens MK | 1:56.572 | 5 | 7.199 | 0.500 | 0 |
| 9 | 497 | Kevin Carlsson | Stenungsunds MS | 1:56.597 | 7 | 7.224 | 0.025 | 0 |
| 10 | 688 | Ville Nordström | Stenungsunds MS | 1:57.194 | 7 | 7.821 | 0.597 | 0 |
| 11 | 182 | Alfred Ivarsson | Älvbygdens MK | 1:57.621 | 5 | 8.248 | 0.427 | 0 |
| 12 | 945 | Niklas Rohdin | MC Alingsås | 1:57.735 | 7 | 8.362 | 0.114 | 0 |
| 13 | 230 | Daniel Eppelbaum Ilinge | Sotenäs MCC | 1:57.787 | 3 | 8.414 | 0.052 | 0 |
| 14 | 559 | Jonatan Peinert | Skara MK | 1:57.864 | 8 | 8.491 | 0.077 | 0 |
| 15 | 517 | Viktor Grundberg | Sotenäs MCC | 1:58.427 | 5 | 9.054 | 0.563 | 0 |
| 16 | 979 | Jakob Ahlgren | FMCK Borås | 1:59.816 | 3 | 10.443 | 1.389 | 0 |
| 17 | 95 | Oliver Wikemar | Älvbygdens MK | 2:00.069 | 3 | 10.696 | 0.253 | 0 |
| 18 | 10 | Karsten Hyllestad | Sotenäs MCC | 2:01.722 | 4 | 12.349 | 1.653 | 0 |
| 19 | 299 | Alexander Ehrenström | Älvbygdens MK | 2:01.966 | 5 | 12.593 | 0.244 | 0 |
| 20 | 891 | Mattias Larsson | FMCK Borås | 2:02.631 | 4 | 13.258 | 0.665 | 0 |
| 21 | 753 | Isaac Bohrén | Skara MK | 2:05.311 | 6 | 15.938 | 2.680 | 0 |
| 22 | 28 | Jakob Lindgren | Bengtsfors MCC | 2:07.984 | 7 | 18.611 | 2.673 | 0 |
| 23 | 332 | Kim Thulin | Bengtsfors MCC | 2:12.985 | 5 | 23.612 | 5.001 | 0 |
| 24 | 156 | Andreas Johansson | Bengtsfors MCC | 2:13.874 | 4 | 24.501 | 0.889 | 0 |
| 25 | 113 | Michael Carlsson | Skara MK | 2:14.905 | 6 | 25.532 | 1.031 | 0 |
| 26 | 619 | Mats Alfredsson | Bengtsfors MCC | 2:17.808 | 6 | 28.435 | 2.903 | 0 |
| 27 | 103 | Martin Johansson | Skara MK | 2:23.298 | 4 | 33.925 | 5.490 | 0 |